LOW HANGING FRUIT

Lowering your thermostat is a quick and easy way to save energy and money.

Contrary to popular belief, it takes more energy to keep a home warm than it does to warm it back up.

On top of the environmental benefits from reduced greenhouse gas emissions, if you lower your thermostat 10° while out for the day, you’ll save roughly 10% on your energy bill.

*TIP: programmable thermostats allow you to set the room temperature on a timer, making it easier to save energy when you are not home.

This same principle applies in Harvard offices and classrooms as well, and Harvard has a University-wide Temperature Policy to ensure efficient, comfortable temperature settings are used across the campus.