

Power Management:

For Apple computers

1. Dock → System Preferences

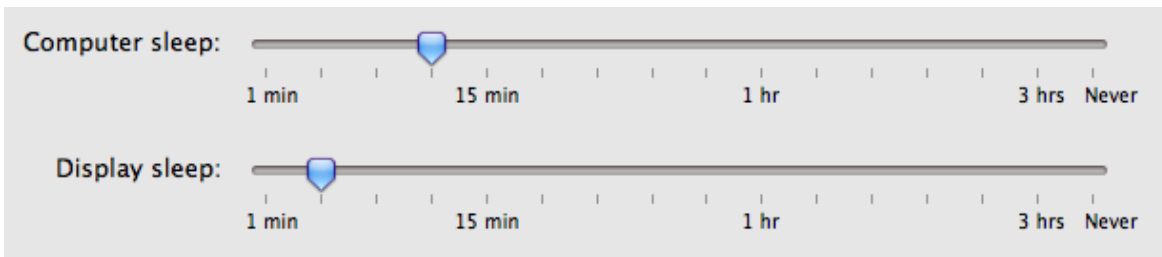
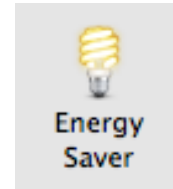


2. Customize settings in Energy Saver

Suggested Guidelines:

Turn off Monitor: 5 min

System Standby: 20 min



* You can also manage your computer's power manually. Just go to the apple menu and put your computer to sleep

Additional tips:

- You can also save energy by using a laptop computer instead of a desktop and monitor!
- Screen "savers" actually use energy: turn yours off by going to System Preferences > Screen Saver